

Ventilation and Mould Prevention

faults@lmh.ox.ac.uk

Why is Ventilation Important?

Fresh Air: Adequate ventilation helps to circulate fresh air, reducing stuffiness and improving air quality.

Humidity Control: Proper airflow prevents excessive moisture accumulation, which can lead to mould growth and respiratory issues.

Comfort: A well-ventilated room feels more comfortable and pleasant.

Tips for Effective Ventilation

Open Windows: Whenever weather permits, open windows to let in fresh air. This is especially important after cooking or showering.

Use Extractor Fans: If your kitchen or bathroom is equipped with extractor fans, make sure to use them. They help remove moisture and unwanted smells.

Preventing Mould Build-Up

- **Dry Clothes Properly:** Avoid drying clothes indoors. If you must, use a tumble dryer or ensure the room is well-ventilated during the drying process.
- **Wipe Up Spills:** Clean up any spills or leaks immediately to prevent moisture accumulation.
- **Keep Surfaces Dry:** Regularly check areas prone to moisture, like bathrooms and kitchens, and ensure surfaces are kept dry.

What to Do if You Spot Mould

- **Report Issues:** Instead of emailing individuals – please use the faults@lmh.ox.ac.uk email address.

Remember: Maintaining proper ventilation and preventing mould is crucial. A few simple steps can make a significant difference.

Stay Healthy, Stay Happy!

